

Instruction of Symbicort Turbuhaler

Preparation before first use of a New (never been used) inhaler

Holding the inhaler upright, turn the red grip to the right and then twist it back to the left until it clicks.

吸嘴 Mouthpiece

瓶蓋 Cover



劑量指標

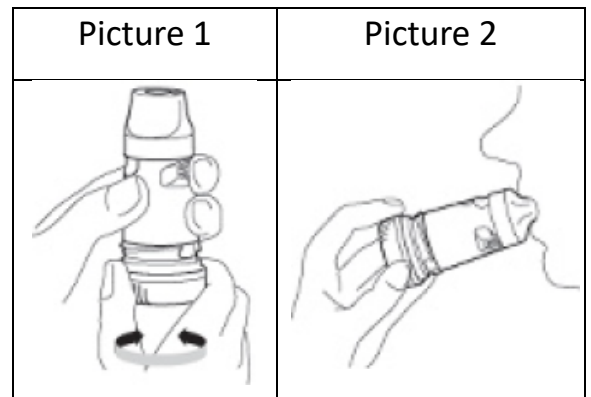
Dose indicator

轉鈕 Grip



Step of using the inhaler

1. Unscrew and remove cover.
2. Hold the inhaler upright. Turn the red grip to the right and then twist it back to the left until it clicks. Like picture 1.
3. Breathe out gently, away from turbuhaler. Make sure the mouthpiece is clean and dry and close your lips over the mouthpiece. Breathe in quickly and deeply through your mouth. Like picture 2.
4. Remove turbuhaler from your mouth and hold your breath for 5 seconds.
5. Replace the cap and rinse your mouth with water and spit it out for 2 times. Do not swallow.



Precaution

1. Never breathe out through the mouthpiece.
2. The turbuhaler is empty when the counter is at "0" in the middle of the counter window. Background of indicators are red at the last 10 doses, and should make a return visit.
3. A drying agent, not the medication, produces the sound you hear when you shake the inhaler.
4. If your doctor orders a second dose, repeat step two through four.

